

DESCRIPTION OF THE COURSE OF STUDY

Course code	0912-7LEK-C9.1-F	
Name of the course in	Polish	Opieka nad chorym (pielęgniarska) – praktyka wakacyjna
	English	First aid and nursing – holiday work placement

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1. Field of study	Medicine
1.2. Mode of study	Full-time
1.3. Level of study	Uniform Master's study
1.4. Profile of study*	General academic
1.5. Specialization*	lack
1.6. Unit running the course of study	Faculty of Medicine and Health Sciences
1.7. Person/s preparing the course description	dr hab. Koziel Dorota prof. UJK
1.8. Person responsible for the course of study	dr hab. Koziel Dorota prof. UJK
1.9. Contact	wnoz_ipp@ujk.edu.pl

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1. Affiliation with the module	Holiday Work Placement
2.2. Language of instruction	English
2.3. Semesters in which the course of study is offered	2nd
2.4. Prerequisites*	Basic knowledge of human anatomy and physiology

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	Practice: 120 hours	
3.2. Place of classes	Practical classes	
3.3. Form of assessment	Credit with grade	
3.4. Teaching methods	Case study	
3.5. Bibliography	Required reading	1.ERC guidelines 2015, www.cprguidelines.eu 2.First Aid Manual DK 2014 Dorling Kindersley Publishers 3.Case Files Emergency Medicine Liu Terrence 2012 McGraw-Hill
	Further reading	1.Fundamentals of Nursing Craven Ruth 2016 Lippincott Wil-liams & Wilkins 2.978-0-32-334003-8 Procedures for the Primary Care Provider Edmunds Marilyn Winterton 2016 Mosb

4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED TEACHING OUTCOMES

<p>4.1. Course objectives (practice)</p> <p>C1 - Familiarization with the theoretical foundations of nursing and care.</p> <p>C2 - Presentation of the scope and nature of nursing care for selected states of the patient's health.</p> <p>C 3 – Acquaintance with the stages of the nursing process, techniques for data collection for the needs of nursing diagnosis and the process of documentation.</p> <p>C 4 – Developing the chosen ability to perform nursing, diagnostic, therapeutic and improving procedures with regard to appropriate methods and techniques of performance as well as health of the patient.</p>
<p>4.2. Detailed syllabus (practice)</p>

1. Gaining knowledge about organization hospital ward or clinic.
2. Gaining knowledge about maintaining nursing documentation especially about admissions to or discharging from the ward.
3. Knowing a Nurse's role in the process of patient nursing and treatment.
4. Gaining the ability to perform main nursing procedures:
 - a) measurements of body temperature, pulse rate, blood pressure and respiration rate
 - b) patient's washing, feeding and sanitary services
 - c) taking blood samples
 - d) getting venous catheter
 - e) measurements of blood glucose level by a glucometer
 - f) drug administration: oral, subcutaneous or intramuscular injection
 - g) getting swab from the nose
5. Getting and training good practice and contact with patient skills.

4.3 Education outcomes in the discipline

Code	A student, who passed the course	Relation to teaching outcomes
within the scope of ABILITIES:		
U01	collects samples of material used in laboratory diagnostics;	E.U28.
U02	performs basic medical procedures and treatments, including: <ol style="list-style-type: none"> a) measurement of body temperature, pulse measurement, non-invasive blood pressure measurement, b) monitoring of vital signs using a cardio-monitor or pulse oximetry, c) intravenous injection , intramuscular and subcutaneous injections, cannulation of peripheral veins, collection of peripheral venous blood, collection of arterial blood, collection arterialized capillary blood, d) collecting swabs from the nose, throat and skin, puncture of pleural cavity, e) catheterization of the urinary bladder in women and me, nasogastric intubation, gastric lavage, enema, f) standard electrocardiogram along with its interpretation, cardioversion and defibrillation of the heart, g) simple test strips and measuring the concentration of glucose in the blood; 	E.U29.
U03	assists when the following procedures and medical treatments are performed: <ol style="list-style-type: none"> a) transfusions of blood and blood products, b) drainage of the pleural cavity, c) puncture of the pericardium, d) puncture of the peritoneal cavity, e) lumbar puncture, f) needle biopsy, g) epidermal tests, h) intradermal and scarification tests 	E.U30.
U04	keeps medical records of the patient.	E.U38.
U05	complies with the aseptic and antiseptic rules;	F.U3.
U06	uses peripheral venous catheter;	F.U5.

U07	performs basic resuscitation with automated external defibrillator and other rescue activities and provides first aid;	F.U10.
U08	monitors the postoperative period basing on the basic parameters of life;	F.U12.
U09	tries to avoid medical errors in his/her own professional activities;	G.U6.
U10	collects blood for toxicological studies and secures the material for hemogenetic research in accordance with given principles.	G.U7.
U11	observes patients' rights, including the right to protection of personal data, the right to privacy, the right to respect for dignity, the right to information about the state of health, the right to confidentiality of patient information, the right to give informed consent to treatment or withdrawal from it, the right for health benefits, , the right to report an adverse effect of medicinal product and the right to a dignified death	D.U14

4.4. Methods of assessment of the intended teaching outcomes

Teaching outcome	Exam oral/written*			Test*			Project*			Effort in class*			Self-study*			Others* Practical exam			Observation
	Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes
	L	C	...	L	C	...	L	C	...	L	C	...	Practice (hospital)			Practice (hospital)			Practice (hospital)
...U01																			+
U02																			+
U03																			+
U04																			+
U05																			+
U06																			+
U07																			+
U08																			+
U09																			+
U010																			+
U011																			+

**delete as appropriate*

4.5. Criteria of assessment of the intended teaching outcomes

Criterion	Grade	Evaluation of specific action elements / surgery / made by the student					
		Principles	Efficiency	Effectiveness kuteczność	Self-reliance	Communicating with patient	Attitude
The way of conducting activities/ surgery	5,0	Abides the principles, techniques and sequence of tasks without any comments	performs activities confidently, vigorously	Takes into account the situation of the patient and current capabilities to perform these tasks	Plans and conducts operations completely independently	Spontaneous, constructive and independent, content selection adequate to the expectations of the recipient	Is able to evaluate and analyze their own behavior, working with therapeutic team, visible identification with professional role
	4,5	Abides the principles after the initial	Activities are performed certainly but	Manifests the concern about taking into account the	Sometimes requires a reminder and directed activities	Correct, but sometimes requires guidance in the selection of communication methods	Shows the efforts of the assessment and analysis of their conduct, good co-operation with a

		orientation, technique and sequence of actions without any comments	after a short reflection	health situation of the patient, reaches the target after an initial indication			therapeutic team, noticeable identification with the professional role
	4,0	Abides the principles, after being directed performs the activities correctly	Performs the activities at a slow pace	Draws attention to the individual situation of the patient, reaches the target	Sometimes needs to be reminded about taking the actions	Is able to establish and maintain verbal and non-verbal contact with the patient	Presents awkwardness in the assessment and analysis of their conduct, cooperates with a therapeutic team, identifies with the professional role
	3,5	Abides the principles, after being directed, performs actions quite correctly	Performs the activities doubtfully, sometimes requires the support and sense of confidence in acting	takes into account the individual situation of the patient's health reaches the target	Often needs to be reminded about taken actions	Is able to establish and maintain verbal contact with the patient	Makes an effort to evaluate and analyze their own behavior, cooperates with a therapeutic team, usually identifies with the professional role
	3,0	Not always abides the rules, requires the supervision, performs actions chaotically, performance of simple tasks without comments	Performs the activities doubtfully, very slowly, visible efficiency while performing simple actions	Not always takes into account the individual situation of the patient, achieves the goal after being directed in activities	Requires constant guidance and needs to be reminded about the performance of complex tasks	Takes contact, however, is not capable of keeping communication with the patient	Not always is able to evaluate and analyze their own behavior, sometimes cooperates with a therapeutic team, identifies with the professional role if it is possible.

5. BALANCE OF ECTS CREDITS – STUDENT'S WORK INPUT

Category	Student's workload
	Full-time studies
NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/	120
<i>Participation in lectures*</i>	
<i>Participation in classes, seminars, laboratories*</i>	
<i>Preparation in the exam/ final test*</i>	
<i>Others*</i>	
INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/	
<i>Preparation for the lecture*</i>	
<i>Preparation for the classes, seminars, laboratories*</i>	
<i>Preparation for the exam/test*</i>	
<i>Gathering materials for the project/Internet query*</i>	
<i>Preparation of multimedia presentation</i>	
<i>Others*</i>	
TOTAL NUMBER OF HOURS	120
ECTS credits for the course of study	4

Accepted for execution (date and signatures of the teachers running the course in the given academic year)

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