

JAN KOCHANOWSKI UNIVERSITY IN KIELCE, POLAND COLLEGIUM MEDICUM www.cm.ujk.edu.pl/en



Student's name	Album number
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PRACTICAL TRAINING PROGRAM

Intensive care

STUDENT AFTER 4th YEAR OF ENGLISH DIVISION Academic year/.....

After fourth year of studies, the Students are obligated to compete a **2-week (60 hours)** work placement. Number of **working hours per day - 6.**

Place of work: Intensive care Ward or Clinic

Purpose of practice: Acquiring knowledge about the specifics of anesthesiology and intensive care (adults and children) and risk management in the interdisciplinary area of perioperative medicine; Developing risk management skills and optimizing perioperative safety at all stages of guiding the patient (adult and child) through the perioperative experience, i.e. in the pre-hospital, hospital and post-hospital periods.

Programme of placement:

Student who pass this practice

- **1.** Takes medical history from a child and his parents. Performance full physical examination of an adult.
- **2.** Evaluates the general condition of the patient, consciousness and awareness level. Evaluates and describing the somatic and psychiatric patients state. Student recognizes life-threatening conditions.
- **3.** Plans a diagnostic, therapeutic and preventive procedures.
- **4.** Recognizes states in which functional status of the patient's or his/her preferences restrict the treatment in accordance with specific guidelines for the disease.
- **5.** Interprets laboratory test results and identifies cause of abnormalities.
- **6.** Plans a procedures in case of possible blood-transmitted infection.
- 7. Takes samples for laboratory diagnostic tests
- **8.** Performs main doctor's procedures:
 - a) measurements of body temperature, pulse rate, blood pressure and respiration rate
 - b) monitoring of vital parameters by a cardiac monitor and heart rate monitor



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- c) spirometry, oxygen therapy, assisted and control mode ventilation using oropharyngeal airway
- **d**) introduction of the oropharyngeal tube,
- e) intravenous injection, intramuscular and subcutaneous injections, cannulation of peripheral veins, collection of peripheral venous blood, collection of arterial blood, collection arterialized capillary blood,
- f) collecting swabs from the nose, throat and skin, puncture of pleural cavity
- g) catheterization of the urinary bladder in women and men, nasogastric intubation, gastric lavage, enema,
- h) getting and interpretation of the ECG, electric cardioversion, defibrillation
- i) simple test strips and measuring the concentration of glucose in the blood
- **9.** Assists to a maintaining doctor's procedures:
 - a) transfusions of blood and blood products,
 - **b**) drainage of the pleural cavity,
 - c) puncture of the pericardium,
 - d) puncture of the peritoneal cavity,
 - e) lumbar puncture,
 - f) needle biopsy,
 - g) epidermal tests,
 - h) intradermal and scarification tests and interpret their results;
- 10. Plans specialist consultations
- 11. Introduces basic treatment in acute poisoning.
- 12. Monitors state of patient poisoned by a chemical substances or drugs.
- **13.** Keeps patients' records
- 14. Works using aseptic and antiseptic principles.
- **15.** Performs venous cannulation, examines breasts, lymph nodes, thyroid gland and abdomen, performs rectal examination. Performs basic life support (BLS) using defibrillator and other emergency procedures.
- **16.** Implements ALS algorithm
- **17.** Closely monitors post-operative period.
- **18.** Evaluates state of unconscious patients using international scales.
- 19. Recognizes symptoms of increased intracranial pressure (ICP).
- **20.** Assess indications for suprapubic puncture and participates in its execution.
- **21.** Collects blood for toxicological studies and secures the material for hemogenetic research according to the rules.



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Placement credit - Graded pass:	
	in words
Supervisor: Doctor with a licence to practice and s	speciality of Anaesthesiology and intensive care.
Hereby I confirm accomplishment of the practice w	vithin the period form to
Official Stamp of the institution	Head of Unit / Supervisor Stamp and Signature